



www.billings-obgyn.com

Non-Prescription Drugs For Use In Pregnancy

<u>Colds / Sinus</u>	Chlor-Trimeton, Contact, Ornex, Sinutab, Tylenol, Claritin, Saline Nasal Spray, Benadryl, Zyrtec, Tylenol PM, Sudafed, Tylenol Cold and Sinus
<u>Cough Syrup</u>	Robitussin, Robitussin DM, Novahistine, Benylin
<u>Headache</u>	Tylenol, Extra Strength Tylenol No Ibuprofen or Aspirin unless directed by physician
<u>Sore Throat</u>	Chloraseptic Spray or Lozenges
<u>Heartburn</u>	Maalox, Tums, Mylanta II, Zantac, Prilosec OTC, Pepcid AC
<u>Insomnia</u>	Tylenol PM
<u>Nausea/Vomiting</u>	Pyridoxine (Vitamin B6), Unisom Tablets, Ginger
<u>Laxative</u>	Metamucil, Senokot, Citrucel
<u>Stool Softener</u>	Colace, Surfak, Dulcolax, Smooth Move Tea, Milk of Magnesia
<u>Diarrhea</u>	Kaopectate, Imodium
<u>Hemorrhoids</u>	Anusol or Preparation H Ointment or Suppositories, Tucks Medicated Pads

****Please call your doctor's office if your temperature rises to 100.4 degrees Fahrenheit or higher accompanied by an illness.**